



STORY ANGLES

For an Audience of Mothers of Teens

Male Virginity: The Last Taboo. 28% of teen guys polled by Dr. Jenn were upset they gave their virginity away to a girl who didn't care. Some even reported losing it in ways that would be considered de facto rape if they were girls. Some girls collect so-called "V cards" to keep score of the number of boys they've deflowered. "These girls like the power and thrill of being a guy's first, even if they don't have any feelings for him," Dr. Jenn says. Parents are so concerned about protecting their daughters, but nowadays, they need to be equally concerned that their daughters aren't being the aggressors. Parents need to start having talks with their daughters about being respectful to boys and that 'no means no.'

Hyena Girls: Is Your Teen Daughter A Sexual Predator? You may have heard of "cougars" – older women who prey on younger men. But now, to describe sexually aggressive teen girls who play fast, loose and mean with teen boys, Dr. Jenn has coined the term "hyena girls" after the female spotted hyena, which is far more aggressive than its male counterpart, right down to sexually explicit taunting. "Moms don't suspect their daughters of being hyenas," she says. She can discuss how this behavior is harming both girls and boys and how to help your daughter safely through her teen years.

Preteen Sex. Many preteen girls are having sex now...lots of it and where you'd least expect. Why this is happening and how to cope.

Why Your Teen Daughter Falls Apart When Her Boyfriend Relationship Does.

When girls fall in love, they have a chemical reaction in the brain. When you take that connection away through a break-up, your daughter's brain "hurts." It wants those feel-good chemicals it's now missing. That leads to depression, aches and pains and a true sense of a heart being broken. Some girls lose their appetites, their focus and sense of direction. They feel "lost" without their guy. Understand your daughter truly is hurting and you can be there to help her.

Emotional Abuse in Teen Relationships. We've all heard about physical abuse in teenage relationships, especially recently with Rihanna's beating, but emotional abuse is far more rampant, less talked about, and equally damaging. How to spot it in your teen and help them heal.

Why Teen Girls Like Bad Boys...and What to Do About It. Everyone has an opinion as to why girls like "bad boys." Could it be that they seem more able to be protectors? Which would win out in a fight – a pocket protector or a pocket knife? The pocket-protector guy is probably the more suited to love and cherish than a bad boy out for kicks, but girls still swoon over the drama the bad boys create. Help your daughter understand what she really wants out of a relationship and how she wants to be treated. (And, be there for her when the bad boy breaks her heart!)

How to Create More Peace at Home with Your Teen. Dr. Jenn's four-step daily process for attending to your teen's needs. Understanding the teen brain and how to cope with its constant changes. Creating a relationship contract with your teen.

The Scary New Dating/Mating Rituals Amongst Teens. From sexting, to hooking-up a dozen times THEN deciding if you want to be a “couple” or not, teen dating rituals have changed dramatically over the last decade. What are teens really doing when it comes to coupling, and how to help your daughter date safely.

Teen Pregnancy And Girl-On-Girl Violence Will Continue To Rise, Predicts Dr. Jenn. Why and what concerned parents can do to prevent it.

Teen Tech: Has Face-to-Face Socializing Become a Thing of the Past? “The technology invented to connect us is actually disconnecting us on a very fundamental level,” says Dr. Jenn. A new culture of kids is finding it easier to communicate via cell phones and the Internet than by talking directly to their peers. It’s not uncommon for them to have five or more conversations going at once while they’re texting and chatting online. There’s a false sense of anonymity to this kind of communication, so comments and photos are posted, often without teens considering the repercussions of their actions. An overabundance of stimuli has created a generation of kids with very short attention spans. What's dangerous about that prospect. How to encourage your teen to keep tech in check.

Dr. Jenn’s PJ Parties™. A unique way for teens to learn about and express themselves through creative play, exercises and sharing that includes using props and a scavenger hunt. With themes like Treasure Island, the Train Wreck, Media Madness and Your Story. Presented in homes, schools, etc.

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