



"I commend Dr. Jenn's devotion to the girls she writes for, her dedication to what's right and I share her unconditional love and admiration for teens."

– Kim Kirberger, co-author,
Chicken Soup for the Teenage Soul

DR. JENN



Jennifer Austin Leigh, PsyD, known simply as, "Dr. Jenn," is a leading expert on teen girls and the challenges they face, and an award-winning author and speaker. Her mission is to help the world learn to honor girls so that they will grow into competent, caring, compassionate, wonderful women. They are the future mothers and the mothers of the future. Her strategy is to help teen girls discover how precious they are and learn to treasure themselves – no small task in a "Girls Gone Wild!" culture.

Through her books, talks, coaching, workshops, Dr. Jenn PJ Parties™, and a soon to be released line of creative products, she works closely with teen girls, showing them how to grow up with self-respect and respect for others in an "anything goes" world. She also works with the mothers of teen girls to empower them to help their daughters and build loving relationships that last a lifetime. Dr. Jenn has brought her innovative programs to families, school groups, nonprofits and organizations working with teen girls.

Dr. Jenn is the author of *Laid or Loved? The Secrets Guys Wish You Knew About Being a Dream Girl Instead of a Just-In-His-Jeans Girl* (Ignite Reality Press, 2009), the forthcoming *Diary of a Dream Girl: My Secrets to Love and Respect* (Ignite Reality Press, 2009) and the co-author of *A Little Book of Listening Skills* (Paideia Press, 2005). She lives in San Francisco and has four young adult children. For more information, please visit her website at <http://www.drjennforgirls.com>.

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